

SCHOOL NEWS AND UPDATES



Students Create Digital Magazine Honoring Women

In honor of Women's History Month, Natalia Lopez '22 and Katie Lewis '22 created "Strides," a digital magazine filled with student entries highlighting the progress women have made throughout history, in addition to commemorating female leaders in the Gulliver community. Why "Strides?" Click on the buttons below to browse the magazine, learn more about the inspiration behind the initiative, and more.

[Browse "Strides"](#)
[Learn More](#)


HOSA State Winners

This spring, Upper School biomedical science students have been competing in the HOSA Competitive Events Program, an expansive series of health care related competitive events. The team of Andrea Buitrago '22, Sam Cano '22, and Yvette Chamoun '22 came away victorious in regional competition, and recently won the Florida state competition in the category of creative problem solving of health-related



Faculty Spotlight: Mrs. Sally DiNallo

Each week through our Faculty/Staff Spotlight series, we invite our community members to get to know Gulliver Prep teachers and staff members across every division. This week, our Spotlight features Mrs. Sally DiNallo, Lower School Faculty member. Click on the button to learn about her goals for the school year, advice for fourth graders heading to Middle School, the last book she read, and more.

problems of medical cases. The trio will advance to compete at Nationals along with thousands of students from across the United States at the International Leadership Conference in June. HOSA is a global student-led organization whose mission is to empower HOSA-Future Health Professionals to become leaders in the global health community through education, collaboration, and experience.

[Learn More](#)



Master Builders in Primary School

JK students have become master builders! Students began studying buildings back in October and their interest continues to grow. Through their current Art Study, students reignited their love of building and creating as they explored and learned about LEGO enthusiast Sean Kenney, who creates masterpieces using thousands of LEGO bricks. Students have learned to work together and communicate ideas to create their own towns and vehicles.



The Raider Voice: Olympic Medalist Speaks to PE Classes

Not many people may know that there is an Olympic medalist on campus: Gulliver alumna and guidance counselor Michele Richardson de Alhers '86, who competed as a swimmer in the 1984 Olympics in Los Angeles, CA. Richardson de Alhers met with physical education classes as a guest speaker to tell her story, aiming to spread a message about remaining positive and resilient no matter what challenges lay ahead in order to accomplish a dream. To learn more from student journalist Katie Lewis '22, click on the button.

For more Upper School news, as told by students, for students, follow @theraidervoice on Twitter and Instagram, and visit www.theraidervoice.com.

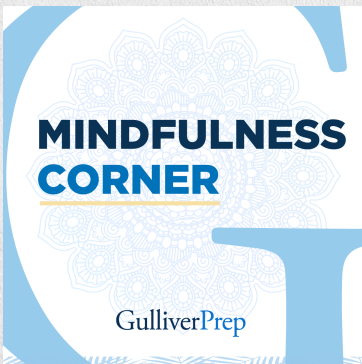
[Learn More](#)



Drama Students Compete at Florida State Thespians Virtual Festival

Recently, Middle and Upper School students participated in the Florida State Thespians Virtual Festival. Middle School's drama troupe 88015 received seven Superior and five Excellent ratings, and all events received top scores. In Upper School competition, 12 students recorded 14 Superior ratings and 17 students earned Excellent ratings. Click on the button for a complete list of Florida State Thespians Virtual Festival honorees.

[Learn More](#)



7 Science-Based Ways to Live in the Moment

Courtesy of psychologytoday.com

What is it to live in the present? Many believe it involves "paying attention on purpose, in the present moment, and non-judgmentally to the unfolding of experience moment by moment." When we live in the present moment, we're not in our heads as much, ruminating on bad things from the past or worrying about the future. Our thoughts tend to skew negative, so staying present appears to be a good way to experience less negativity and boost our well-being. It can take some practice to learn how to live in the present moment. Here are a few science-based strategies to try.

[Learn More](#)

SPIRIT WEEK!

APRIL 12-16

<p>MONDAY 4/12</p>	<p>ANIMAL PRINT DAY Grades PK-8</p>	<p>MONDAY - 4/12 COLOR DAY Wear your class color 9-beige • 10-purple 11-green • 12-red</p>
<p>TUESDAY 4/13 Grades PK-12</p>	<p>TIE DYE DAY</p>	

<p>WEDNESDAY 4/14</p>	<p>SUPERHERO OR VILLAIN DAY Grades PK-8</p>	<p>RIVAL DAY Grades 9-12 Grab a friend and dress as rivals</p>
<p>THURSDAY 4/15 Grades PK-12</p>	<p>TROPICAL DAY</p>	
<p>FRIDAY 4/16 Grades PK-12</p>	<p>RAIDER PRIDE Come dressed in blue or white</p>	

Important Note: Students participating in Spirit Week may wear appropriate jeans or shorts, without rips or holes, throughout the week. They should not be any shorter than a pair of Gulliver approved uniform

UPCOMING EVENTS

Tuesday, April 13

Varsity Track & Field Districts & Senior Day, 10:00 a.m.-8:00 p.m., Tropical Park

Middle School JV/Varsity Volleyball vs. Florida Christian, 3:30/4:30 p.m., Blue Dungeon, Upper School Campus

Varsity Baseball vs. St. Andrew's, 4:00 p.m., Baseball Field, PK-8 Campus

Wednesday, April 14

JV Baseball vs. Key West, 4:00 p.m., Baseball Field, PK-8 Campus

Varsity Girls' Water Polo Regional Final vs. Miami Country Day, 4:00 p.m., Aquatic Center, Upper School Campus

Varsity Softball vs. Miami Krop, 4:30 p.m, Softball Field, Upper School Campus

Varsity Girls' Lacrosse District Semifinal, Tentative/TBD

Zeta Omicron Honor Society Induction Ceremony, 6:30 p.m., Virtual

Thursday, April 15

Introduction to Middle School (Grade 4 parents only, RSVP required), 9:00 a.m. & 12:00 p.m., Virtual

Varsity Boys' Lacrosse District Semifinal, 4:00 p.m., Sean Taylor '01 Memorial Field, Upper School Campus

Middle School JV/Varsity Lacrosse vs. Palmetto, 4:30/5:30 p.m., Lacrosse Field, PK-8 Campus

National Business Honor Society Induction Ceremony, 6:00 p.m., Virtual

National Art Honor Society Induction Ceremony, 7:00 p.m., Virtual

Thursday, April 15-Friday, April 16

Varsity Boys'/Girls' Tennis District Championships, 8:30 a.m., Tropical Park

Thursday, April 15-Sunday, April 18

The Middle School Players present *Little Women*, Virtual Stream, gulliver.life/littlewomen

Friday, April 16

Introduction to Middle School (Grade 4 parents only, RSVP required), 9:00 a.m., Virtual

Varsity Girls' Lacrosse District Championship, Tentative/TBD

Varsity Baseball vs. Key West, 4:00 p.m., Baseball Field, PK-8 Campus

Middle School Varsity Volleyball vs. Ransom Everglades, 4:00 p.m., Blue Dungeon, Upper School Campus

Friday, April 16-Saturday, April 17

Varsity Girls'/Boys' Water Polo State Championships, TBD, Belen Jesuit

Saturday, April 17

Middle School Varsity Lacrosse vs. Westminster Christian, 12:00 p.m., Lacrosse Field, PK-8

Campus

Varsity Boys' Lacrosse District Championship, 4:30 p.m., Tentative/TBD

Monday, April 19

Cum Laude Society Induction Ceremony, 6:00 p.m., Virtual

Monday, April 19-Sunday, May 2

Virtual Book Fair, Grades PK-12, Virtual, gulliver.life/bookfair

Non-athletic events appear in italics. | All events are subject to change.

***Thank you for reading
The Weekly Raider.
Have a story idea? Let us know!***

Submit a Story Idea



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By unsubscribing to these emails, you are fully removing yourself from all email communications from the school, such as emergencies, grades, events, announcements, etc.

Gulliver Preparatory School is a 501(c)(3) private, non-profit, independent, coeducational, nonsectarian day school with the mission to create an academic community devoted to educational excellence, with a personal touch, that fulfills each student's potential.